

**List of countries and recommendations for travellers**

Those who have arrived from the countries, for which the cumulative number of COVID-19 cases per 100 000 people exceeds 16, must self-isolate for 14 days upon arrival in Latvia.

We do not recommend going to the countries, the cumulative index of which exceeds 25 (14 days cumulative number of COVID-19 cases per 100 000 people in the European Union, the countries in the European Economic Area, in Switzerland and the United Kingdom, and in some other countries), according to the Cabinet's Regulation No. 360 (adopted 9 June 2020) "Epidemiological Safety Measures for the Containment of the Spread of COVID-19 Infection" clause No. 35.

If you are in self-isolation and the 14-days cumulative index of the country, from which you have arrived, does not exceed 16 per 100 000 people, then you may end self-isolation.

1. About traveling to/from the European Union, the countries in the European Economic Area, Andorra, Monaco, San Marino, Vatican/Holy See.

Data is being renewed every Friday.  
Entering into force: 29.08.2020 00:00

State	14-day cumulative incidence 28.08.2020.	Travelling considerations	Self-isolation
Spain	196,4	Serious threat to public health. Visiting is discouraged	14 days after returning or transiting the country
Andorra	153,6	Serious threat to public health. Visiting is discouraged	14 days after returning or transiting the country
Malta	116,1	Serious threat to public health. Visiting is discouraged	14 days after returning or transiting the country
Luxembourg	102.3***	Serious threat to public health. Visiting is discouraged	14 days after returning or transiting the country
Romania	85,1	Serious threat to public health. Visiting is discouraged	14 days after returning or transiting the country
Monaco	78,6	Serious threat to public health. Visiting is discouraged	14 days after returning or transiting the country
Croatia	77,1	Serious threat to public health. Visiting is discouraged	14 days after returning or transiting the country
France	75,1	Serious threat to public health. Visiting is discouraged	14 days after returning or transiting the country
Belgium	47,7	Serious threat to public health. Visiting is discouraged	14 days after returning or transiting the country
Netherlands	42,9	Serious threat to public health. Visiting is discouraged	14 days after returning or transiting the country
Switzerland	42,0	Serious threat to public health. Visiting is discouraged	14 days after returning or transiting the country
Austria	41,2	Serious threat to public health. Visiting is discouraged	14 days after returning or transiting the country
Liechtenstein	39,1	Serious threat to public health. Visiting is discouraged	14 days after returning or transiting the country
Czechia	36,6	Serious threat to public health. Visiting is discouraged	14 days after returning or transiting the country
Sweden	31,9	Serious threat to public health. Visiting is discouraged	14 days after returning or transiting the country
Iceland	31,1	Serious threat to public health. Visiting is discouraged	14 days after returning or transiting the country
Ireland	31,1	Serious threat to public health. Visiting is discouraged	14 days after returning or transiting the country
Portugal	30,4	Serious threat to public health. Visiting is discouraged	14 days after returning or transiting the country
Greece	29,4	Serious threat to public health. Visiting is discouraged	14 days after returning or transiting the country
Poland	26,9	Serious threat to public health. Visiting is discouraged	14 days after returning or transiting the country
Bulgaria	26,3	Serious threat to public health. Visiting is discouraged	14 days after returning or transiting the country
Denmark	24,3	Consider trip's necessity	14 days after returning or transiting the country
United Kingdom	23,2	Consider trip's necessity	14 days after returning or transiting the country
Germany	20,9	Consider trip's necessity	14 days after returning or transiting the country
Cyprus	20,4	Consider trip's necessity	14 days after returning or transiting the country
Slovenia	20,3	Consider trip's necessity	14 days after returning or transiting the country
Italy	19,4	Consider trip's necessity	14 days after returning or transiting the country
Slovakia	16,3	Consider trip's necessity	14 days after returning or transiting the country
Lithuania	15,5	Follow standard precautions	Not compulsory
Norway	13,6	Follow standard precautions	Not compulsory
Estonia	11,4	Follow standard precautions	Not compulsory
Finland	6,1	Follow standard precautions	Not compulsory
Hungary	5,8	Follow standard precautions	Not compulsory
Latvia	3,1	Follow standard precautions	Not compulsory
Sanmarino	0,0	Follow standard precautions	Not compulsory
Vatican	0,0	Follow standard precautions	Not compulsory

2. About traveling to/from other countries.

The list of included countries is being reevaluated every fortnight, but safety measures are reevaluated once a week, every Friday.

Other countries as defined in the Council's of Europe "Council recommendation on the temporary restriction on non-essential travel into the EU and the possible lifting of such restriction"

<https://data.consilium.europa.eu/doc/document/ST-9596-2020-INIT/en/pdf>

Australia	<16	Follow standard precautions	Not compulsory
Canada	<16	Follow standard precautions	Not compulsory
Georgia	<16	Follow standard precautions	Not compulsory

Japan	<16	Follow standard precautions	Not compulsory
New Zealand	<16	Follow standard precautions	Not compulsory
Rwanda	<16	Follow standard precautions	Not compulsory
South Korea	<16	Follow standard precautions	Not compulsory
Thailand	<16	Follow standard precautions	Not compulsory
Tunisia	<16	Follow standard precautions	Not compulsory
Uruguay	<16	Follow standard precautions	Not compulsory

<b>Other countries not shown in this list</b>		<b>Serious threat to public health. Visiting is discouraged</b>	<b>14 days after returning or transiting the country</b>
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\*Calculation is based on the number of cases reported by the European Center for Disease Prevention and Control

\*\* <https://data.consilium.europa.eu/doc/document/ST-10095-2020-INIT/en/pdf>

*** 27.08.2020			
	<b>Departure</b>	<b>Self-isolation</b>	
	Serious threat to public health. Visiting is discouraged	14 days after returning or transiting the country	
	Consider trip's necessity	14 days after returning or transiting the country	
	Follow standard precautions	Not compulsory	