

List of countries subject to special safety measures

The list of included countries is updated every **Friday**.

The list and requirements of self-isolation come into force on **10th October 00:00**

Prohibition of passenger transportation comes into force on the **third day** after the list is published.

*The Cabinet's Regulation No. 360 (adopted 9 June 2020) "Epidemiological Safety Measures for the Containment of the Spread of COVID-19 Infection" (Cabinet's Regulation)**

Significant (very high likelihood) public health threat - international passenger transportation via airports, ports, buses and railway is not provided

14-day cumulative incidence rate of COVID-19 cases per 100 000 inhabitants exceeds twice the average value for the EU/EEA and the UK

Paragraph 35.8 of the Cabinet Regulation, data taken from:

<https://www.ecdc.europa.eu/en/covid-19/country-overviews> (week 40)

State	14-day cumulative incidence	Traveling considerations	Self-isolation***
Andorra	1069,9	Non-essential travel is not recommended / direct international passenger transport is prohibited	10 days after returning or transiting the country
Czechia	398,0	Non-essential travel is not recommended / direct international passenger transport is prohibited	10 days after returning or transiting the country
Spain	307,0	Non-essential travel is not recommended / direct international passenger transport is prohibited	10 days after returning or transiting the country
Netherlands	304,3	Non-essential travel is not recommended / direct international passenger transport is prohibited	10 days after returning or transiting the country
Belgium	277,7	Non-essential travel is not recommended / direct international passenger transport is prohibited	10 days after returning or transiting the country
Other countries not shown in this list		Non-essential travel is not recommended / direct international passenger transport is prohibited	10 days after returning or transiting the country

Significant (high likelihood) public health threat - international passenger transportation may be provided

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **exceeds rate in Latvia (>40,4)**

State	14-day cumulative incidence	Traveling considerations	Self-isolation****
France	260,2	Travel is not recommended	10 days after returning or transiting the country
United Kingdom	218,2	Travel is not recommended	10 days after returning or transiting the country
Iceland	211,5	Travel is not recommended	10 days after returning or transiting the country
Luxembourg	172,8	Travel is not recommended	10 days after returning or transiting the country
Slovakia	148,6	Travel is not recommended	10 days after returning or transiting the country
Romania	142,4	Travel is not recommended	10 days after returning or transiting the country
Hungary	134,0	Travel is not recommended	10 days after returning or transiting the country
Slovenia	129,5	Travel is not recommended	10 days after returning or transiting the country
Austria	128,2	Travel is not recommended	10 days after returning or transiting the country
Ireland	124,2	Travel is not recommended	10 days after returning or transiting the country
Malta	123,2	Travel is not recommended	10 days after returning or transiting the country
Portugal	110,7	Travel is not recommended	10 days after returning or transiting the country
Denmark	107,5	Travel is not recommended	10 days after returning or transiting the country
Switzerland	84,9	Travel is not recommended	10 days after returning or transiting the country
Croatia	83,2	Travel is not recommended	10 days after returning or transiting the country
Poland	75,8	Travel is not recommended	10 days after returning or transiting the country
Monaco	72,5	Travel is not recommended	10 days after returning or transiting the country
Sanmarino	72,5	Travel is not recommended	10 days after returning or transiting the country
Sweden	68,8	Travel is not recommended	10 days after returning or transiting the country
Italy	56,5	Travel is not recommended	10 days after returning or transiting the country
Lithuania	55,7	Travel is not recommended	10 days after returning or transiting the country

Bulgaria	52,7	Travel is not recommended	10 days after returning or transiting the country
Estonia	51,6	Travel is not recommended	10 days after returning or transiting the country
Liechtenstein	49,5	Travel is not recommended	10 days after returning or transiting the country
Greece	44,3	Travel is not recommended	10 days after returning or transiting the country
Germany	41,5	Travel is not recommended	10 days after returning or transiting the country

Low public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **does not exceed rate in Latvia (<40,4)**

State	14-day cumulative incidence	Traveling considerations	Self-isolation***
Latvia	40,4	Follow standard precautions	Not compulsory
Finland	35,6	Follow standard precautions	Not compulsory
Norway	32,6	Follow standard precautions	Not compulsory
Cyprus	29,1	Follow standard precautions	Not compulsory
Vatican	0,0	Follow standard precautions	Not compulsory

Countries outside the EU/EEA and the UK

The list of included countries of which crossing of the external EU border is permitted is defined in the Council's of Europe "Council recommendation on the temporary restriction on non-essential travel into the EU and the possible lifting of such restriction" Appendix I ****

State	14-day cumulative incidence	Traveling considerations	Self-isolation***
Other countries not shown in this list		Non-essential travel is not recommended / direct international passenger transport is prohibited	10 days after returning or transiting the country
Georgia	145,7	Travel is not recommended	10 days after returning or transiting the country
Tunisia	106,5	Travel is not recommended	10 days after returning or transiting the country
Canada	70,7	Travel is not recommended	10 days after returning or transiting the country
Uruguay	7,7	Follow standard precautions	Not compulsory
Japan	5,6	Follow standard precautions	Not compulsory
South Korea	1,9	Follow standard precautions	Not compulsory
Rwanda	0,7	Follow standard precautions	Not compulsory
Australia	0,9	Follow standard precautions	Not compulsory
New Zealand	0,7	Follow standard precautions	Not compulsory
Thailand	0,1	Follow standard precautions	Not compulsory

Clarifications:

* Available at: <https://likumi.lv/ta/en/en/id/315304-epidemiological-safety-measures-for-the-containment-of-the-spread-of-covid-19-infection>

** Calculation is based on the number of cases reported by the European Center for Disease Prevention and Control (ECDC) on the day of publication: <https://www.ecdc.europa.eu/en/geographical-distribution-2019-ncov-cases>. Data can differ from the national statistics.

*** Must comply with the requirements in paragraph 56 of the Cabinet's Regulation: if you are in self-isolation and the 14-day cumulative incidence per 100 000 inhabitants of the country, which you have returned from, does not exceed 40,4 anymore, then you may stop self-isolation.

**** <https://data.consilium.europa.eu/doc/document/ST-10095-2020-INIT/en/pdf>, <https://eur-lex.europa.eu/legal-content/EN/TXT/?uri=CELEX:32020H1144>