

List of countries subject to special safety measures

The list of included countries is updated every **Friday**.

The list and requirements of self-isolation come into force on **9th January 00:00**

Prohibition of passenger transportation comes into force on the **third day** after the list is published.

*The Cabinet's Regulation No. 360 (adopted 9 June 2020) "Epidemiological Safety Measures for the Containment of the Spread of COVID-19 Infection" (Cabinet's Regulation)**

Significant (very high likelihood) public health threat - international passenger transportation via airports, ports, buses and railway is not provided

14-day cumulative incidence rate of COVID-19 cases per 100 000 inhabitants exceeds twice the average value for the EU/EEA and the UK **(869)****

Paragraph 35.8 of the Cabinet Regulation, data taken from:

<https://www.ecdc.europa.eu/en/publications-data/data-national-14-day-notification-rate-covid-19>

State	Valsts	14-day cumulative incidence***	Traveling considerations	Self-isolation****
Lithuania	Lietuva	1199.3	Non-essential travel is not recommended / direct international passenger transport is prohibited	10 days after returning or transiting the country
Sanmarino	Sanmarīno	1120.4	Non-essential travel is not recommended / direct international passenger transport is prohibited	10 days after returning or transiting the country
Czechia	Čehija	1119.2	Non-essential travel is not recommended / direct international passenger transport is prohibited	10 days after returning or transiting the country
Liechtenstein	Lihtenšteina	1024.0	Non-essential travel is not recommended / direct international passenger transport is prohibited	10 days after returning or transiting the country
Slovenia	Slovēnija	959.1	Non-essential travel is not recommended / direct international passenger transport is prohibited	10 days after returning or transiting the country
Other countries not shown in this list	Citas sarakstos neminētas visas pasaules valstis		Non-essential travel is not recommended / direct international passenger transport is prohibited	10 days after returning or transiting the country

Significant (high likelihood) public health threat - international passenger transportation may be provided

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **exceeds rate 50**

State	Valsts	14-day cumulative incidence***	Traveling considerations	Self-isolation****
Switzerland	Šveice	848.1	Travel is not recommended	10 days after returning or transiting the country
Andorra	Andora	807.3	Travel is not recommended	10 days after returning or transiting the country
Sweden	Zviedrija	785.1	Travel is not recommended	10 days after returning or transiting the country
Netherlands	Nīderlande	759.7	Travel is not recommended	10 days after returning or transiting the country

Cyprus	Kipra	717.7	Travel is not recommended	10 days after returning or transiting the country
Slovakia	Slovākija	674.5	Travel is not recommended	10 days after returning or transiting the country
Latvia	Latvija	601.9		
Denmark	Dānija	590.4	Travel is not recommended	10 days after returning or transiting the country
Estonia	Igaunija	583.2	Travel is not recommended	10 days after returning or transiting the country
Monaco	Monako	541.0	Travel is not recommended	10 days after returning or transiting the country
Portugal	Portugāle	517.0	Travel is not recommended	10 days after returning or transiting the country
Luxembourg	Luksemburga	464.6	Travel is not recommended	10 days after returning or transiting the country
Ireland	Īrija	455.6	Travel is not recommended	10 days after returning or transiting the country
Croatia	Horvātija	422.7	Travel is not recommended	10 days after returning or transiting the country
Italy	Itālīja	335.1	Travel is not recommended	10 days after returning or transiting the country
Austria	Austrija	320.0	Travel is not recommended	10 days after returning or transiting the country
Germany	Vācija	319.0	Travel is not recommended	10 days after returning or transiting the country
Poland	Polija	316.7	Travel is not recommended	10 days after returning or transiting the country
Spain	Spānija	297.4	Travel is not recommended	10 days after returning or transiting the country
Malta	Malta	277.2	Travel is not recommended	10 days after returning or transiting the country
France	Francija	272.1	Travel is not recommended	10 days after returning or transiting the country
Romania	Rumānija	253.1	Travel is not recommended	10 days after returning or transiting the country
Hungary	Ungārija	242.7	Travel is not recommended	10 days after returning or transiting the country
Belgium	Beļģija	174.1	Travel is not recommended	10 days after returning or transiting the country
Bulgaria	Bulgārija	169.4	Travel is not recommended	10 days after returning or transiting the country
Norway	Norvēģija	149.0	Travel is not recommended	10 days after returning or transiting the country
Greece	Griekija	84.2	Travel is not recommended	10 days after returning or transiting the country
Finland	Somija	68.1	Travel is not recommended	10 days after returning or transiting the country

Low public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **does not exceed rate 50**

State	Valsts	14-day cumulative incidence***	Traveling considerations	Self-isolation****
Iceland	Islande	31.4	Follow standard precautions	Not compulsory
Vatican	Vatikāns	0.0	Follow standard precautions	Not compulsory

Countries outside the EU/EEA

The list of included countries of which crossing of the external EU border is permitted is defined in the Council's of Europe "Council recommendation on the temporary restriction on non-essential travel into the EU and the possible lifting of such restriction" Appendix I

State	Valsts	14-day cumulative incidence***	Traveling considerations	Self-isolation****
Other countries not shown in this list	Citas sarakstos neminētas visas pasaules valstis		Non-essential travel is not recommended / direct international passenger transport is prohibited	10 days after returning or transiting the country
United Kingdom	Apvienotā Karaliste	922.2	Non-essential travel is not recommended / direct international passenger transport is prohibited	10 days after returning or transiting the country
Japan	Japāna	35.8	Follow standard precautions	Not compulsory
South Korea	D-Koreja	26.7	Follow standard precautions	Not compulsory
Rwanda	Ruanda	10.7	Follow standard precautions	Not compulsory
New Zealand	Jaunzēlande	8.6	Follow standard precautions	Not compulsory
Thailand	Taizeme	5.1	Follow standard precautions	Not compulsory
Singapore	Singapūra	4.7	Follow standard precautions	Not compulsory
Australia	Austrālija	1.2	Follow standard precautions	Not compulsory

Clarifications:

* Available at: <https://likumi.lv/ta/en/en/id/315304-epidemiological-safety-measures-for-the-containment-of-the-spread-of-covid-19-infection>

** Formula: $((14\text{-day rate of new cases EU/EEA (1641390) + UK (614632)) * 100\ 000 / \text{population EU/EEA+UK (519195257)}) * 2$

Data source: <https://www.ecdc.europa.eu/en/publications-data/data-national-14-day-notification-rate-covid-19>

*** Calculation is based on the number of cases reported by the European Center for Disease Prevention and Control (ECDC) on the day of publication: <https://www.ecdc.europa.eu/en/geographical-distribution-2019-ncov-cases>. Data can differ from the national statistics.

**** Must comply with the requirements in paragraph 56 of the Cabinet's Regulation: if you are in self-isolation and the 14-day cumulative incidence per 100 000 inhabitants of the country, which you have returned from, does not exceed 50 anymore, then you may stop self-isolation.

***** <https://data.consilium.europa.eu/doc/document/ST-11701-2020-INIT/en/pdf>