

List of countries subject to special safety measures

The list of included countries is updated every **Friday**.

The list and requirements of self-isolation come into force on **13th February 00:00**

The Cabinet's Regulation No. 360 (adopted 9 June 2020) "Epidemiological Safety Measures

for the Containment of the Spread of COVID-19 Infection" (Cabinet's Regulation) paragraph 3. ¹ "The Centre for Disease Prevention and Control shall, based on the information provided by the European Centre for Disease Prevention and Control, publish on its website a list of those countries to which special precautionary and restrictive measures are applicable, and shall also indicate those countries where such spread of COVID-19 infection has been registered which can cause a serious threat to the public health. The relevant precautionary and restrictive measures shall be applied from the day following the publication of the abovementioned list."*

Significant (high likelihood) public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **exceeds rate 50**

Data taken from:

<https://www.ecdc.europa.eu/en/publications-data/data-national-14-day-notification-rate-covid-19>

Entry to Latvia from the European Union Member States, the European Economic Area Member States, the Swiss Confederation, and the United Kingdom through international passenger carrier services or by a private vehicle is **permitted for urgent and essential reasons only*******

State	14-day cumulative incidence**	Traveling considerations	Self-isolation***
Portugal	1190.1	Non-essential travel is not recommended / international passenger transport is prohibited	10 days after returning or transiting the country
Andorra	921.5	Travel is not recommended	10 days after returning or transiting the country
Czechia	914.6	Travel is not recommended	10 days after returning or transiting the country
Monaco	900.7	Travel is not recommended	10 days after returning or transiting the country
Spain	843.1	Travel is not recommended	10 days after returning or transiting the country
Sanmarino	763.4	Travel is not recommended	10 days after returning or transiting the country
Slovenia	762.2	Travel is not recommended	10 days after returning or transiting the country
Latvia	577.1		
Estonia	570.0	Travel is not recommended	10 days after returning or transiting the country
Slovakia	496.4	Travel is not recommended	10 days after returning or transiting the country
France	423.0	Travel is not recommended	10 days after returning or transiting the country

Malta	397.7	Travel is not recommended	10 days after returning or transiting the country
Sweden	394.1	Travel is not recommended	10 days after returning or transiting the country
Lithuania	353.3	Travel is not recommended	10 days after returning or transiting the country
Luxembourg	349.2	Travel is not recommended	10 days after returning or transiting the country
Ireland	326.5	Non-essential travel is not recommended / international passenger transport is prohibited	10 days after returning or transiting the country
Netherlands	317.9	Travel is not recommended	10 days after returning or transiting the country
Italy	281.5	Travel is not recommended	10 days after returning or transiting the country
Belgium	277.0	Travel is not recommended	10 days after returning or transiting the country
Switzerland	251.4	Travel is not recommended	10 days after returning or transiting the country
Austria	224.8	Travel is not recommended	10 days after returning or transiting the country
Cyprus	198.9	Travel is not recommended	10 days after returning or transiting the country
Poland	196.4	Travel is not recommended	10 days after returning or transiting the country
Liechtenstein	187.6	Travel is not recommended	10 days after returning or transiting the country
Germany	176.9	Travel is not recommended	10 days after returning or transiting the country
Hungary	176.4	Travel is not recommended	10 days after returning or transiting the country
Romania	175.5	Travel is not recommended	10 days after returning or transiting the country
Croatia	157.5	Travel is not recommended	10 days after returning or transiting the country
Bulgaria	127.4	Travel is not recommended	10 days after returning or transiting the country

Greece	111.6	Travel is not recommended	10 days after returning or transiting the country
Denmark	108.9	Travel is not recommended	10 days after returning or transiting the country
Finland	97.7	Travel is not recommended	10 days after returning or transiting the country
Norway	69.3	Travel is not recommended	10 days after returning or transiting the country
Other European countries not shown in this list*		Travel is not recommended	10 days after returning or transiting the country

Low public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **does not exceed rate 50**

State	14-day cumulative incidence**	Traveling considerations	Self-isolation
Iceland	8.4	Follow standard precautions	Not compulsory
Vatican	0.0	Follow standard precautions	Not compulsory

Countries outside the EU/EEA

The list of included countries of which crossing of the external EU border is permitted is defined in the Council's of Europe "Council recommendation on the temporary restriction on non-essential travel into the EU and the possible lifting of such restriction" Appendix I ****

State	14-day cumulative incidence**	Traveling considerations	Self-isolation
Other countries not shown in this list*		Travel is not recommended	10 days after returning or transiting the country
United Kingdom	468.6	Non-essential travel is not recommended / international passenger transport is prohibited	10 days after returning or transiting the country
Rwanda	26.8	Follow standard precautions	Not compulsory
Thailand	14.1	Follow standard precautions	Not compulsory
South Korea	11.0	Follow standard precautions	Not compulsory
Singapore	6.7	Follow standard precautions	Not compulsory
New Zealand	0.7	Follow standard precautions	Not compulsory
Australia	0.3	Follow standard precautions	Not compulsory

Clarifications:

* Available at: <https://likumi.lv/ta/en/en/id/315304-epidemiological-safety-measures-for-the-containment-of-the-spread-of-covid-19-infection>

** Calculation is based on the number of cases reported by the European Center for Disease Prevention and Control (ECDC) on the day of publication: <https://www.ecdc.europa.eu/en/geographical-distribution-2019-ncov-cases>. Data can differ from the national statistics.

*** Must comply with the requirements in paragraph 56 of the Cabinet's Regulation: if you are in self-isolation and the 14-day cumulative incidence per 100 000 inhabitants of the country, which you have returned from, does not exceed 50 anymore, then you may stop self-isolation.

**** <https://www.consilium.europa.eu/en/press/press-releases/2021/01/28/travel-restrictions-council-reviews-the-list-of-third-countries-for-which-member-states-should-gradually-lift-restrictions-on-non-essential-travel/>

***** Available at: <https://likumi.lv/ta/en/en/id/318517-regarding-declaration-of-the-emergency-situation>