

List of countries subject to special safety measures

The list of included countries is updated every **Friday**.

The list and requirements of self-isolation come into force on **6th February 00:00**

The Cabinet's Regulation No. 360 (adopted 9 June 2020) "Epidemiological Safety Measures for the Containment of the Spread of COVID-19 Infection" (Cabinet's Regulation) paragraph 3. ¹"The Centre for Disease Prevention and Control shall, based on the information provided by the European Centre for Disease Prevention and Control, publish on its website a list of those countries to which special precautionary and restrictive measures are applicable, and shall also indicate those countries where such spread of COVID-19 infection has been registered which can cause a serious threat to the public health. The relevant precautionary and restrictive measures shall be applied from the day following the publication of the abovementioned list."*

Significant (high likelihood) public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **exceeds rate 50**

Data taken from:

<https://www.ecdc.europa.eu/en/publications-data/data-national-14-day-notification-rate-covid-19>

State	14-day cumulative incidence**	Traveling considerations	Self-isolation***
Portugal*****	1652,5	Non-essential travel is not recommended / international passenger transport is prohibited	10 days after returning or transiting the country
Andorra	1121,1	Travel is not recommended	10 days after returning or transiting the country
Spain	1036,2	Travel is not recommended	10 days after returning or transiting the country
Czechia	896,5	Travel is not recommended	10 days after returning or transiting the country
Monaco	858,4	Travel is not recommended	10 days after returning or transiting the country
Slovenia	818,8	Travel is not recommended	10 days after returning or transiting the country
Sanmarino	690,8	Travel is not recommended	10 days after returning or transiting the country
Latvia	550,9		
Lithuania	533,3	Travel is not recommended	10 days after returning or transiting the country
Estonia	518,1	Travel is not recommended	10 days after returning or transiting the country
Ireland*****	485,7	Non-essential travel is not recommended / international passenger transport is prohibited	10 days after returning or transiting the country
Slovakia	468,4	Travel is not recommended	10 days after returning or transiting the country
Malta	465,2	Travel is not recommended	10 days after returning or transiting the country

Sweden	429,5	Travel is not recommended	10 days after returning or transiting the country
France	427,0	Travel is not recommended	10 days after returning or transiting the country
Netherlands	371,8	Travel is not recommended	10 days after returning or transiting the country
Luxembourg	296,0	Travel is not recommended	10 days after returning or transiting the country
Switzerland	293,2	Travel is not recommended	10 days after returning or transiting the country
Italy	284,6	Travel is not recommended	10 days after returning or transiting the country
Belgium	276,4	Travel is not recommended	10 days after returning or transiting the country
Liechtenstein	265,8	Travel is not recommended	10 days after returning or transiting the country
Austria	224,3	Travel is not recommended	10 days after returning or transiting the country
Germany	218,4	Travel is not recommended	10 days after returning or transiting the country
Cyprus	217,8	Travel is not recommended	10 days after returning or transiting the country
Poland	196,1	Travel is not recommended	10 days after returning or transiting the country
Croatia	181,3	Travel is not recommended	10 days after returning or transiting the country
Romania	173,0	Travel is not recommended	10 days after returning or transiting the country
Hungary	163,8	Travel is not recommended	10 days after returning or transiting the country
Denmark	156,1	Travel is not recommended	10 days after returning or transiting the country
Bulgaria	99,1	Travel is not recommended	10 days after returning or transiting the country
Finland	93,2	Travel is not recommended	10 days after returning or transiting the country
Norway	81,0	Travel is not recommended	10 days after returning or transiting the country
Greece	77,9	Travel is not recommended	10 days after returning or transiting the country
Other European countries not shown in this list		Travel is not recommended	10 days after returning or transiting the country

Low public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **does not exceed rate 50**

	State	14-day cumulative incidence**	Traveling considerations	Self-isolation***
	Iceland	10,9	Follow standard precautions	Not compulsory
	Vatican	0,0	Follow standard precautions	Not compulsory

Countries outside the EU/EEA

The list of included countries of which crossing of the external EU border is permitted is defined in the Council's of Europe "Council recommendation on the temporary restriction on non-essential travel into the EU and the possible lifting of such restriction" Appendix I ****

State	14-day cumulative incidence**	Traveling considerations	Self-isolation***
Other countries not shown in this list		Travel is not recommended	10 days after returning or transiting the country
United Kingdom*****	632,0	Non-essential travel is not recommended / international passenger transport is prohibited	10 days after returning or transiting the country
Rwanda	34,2	Follow standard precautions	Not compulsory
South Korea	11,3	Follow standard precautions	Not compulsory
Thailand	10,3	Follow standard precautions	Not compulsory
Singapore	7,2	Follow standard precautions	Not compulsory
New Zealand	0,9	Follow standard precautions	Not compulsory
Australia	0,4	Follow standard precautions	Not compulsory

Clarifications:

* Available at: <https://likumi.lv/ta/en/en/id/315304-epidemiological-safety-measures-for-the-containment-of-the-spread-of-covid-19-infection>

** Calculation is based on the number of cases reported by the European Center for Disease Prevention and Control (ECDC) on the day of publication: <https://www.ecdc.europa.eu/en/geographical-distribution-2019-ncov-cases>. Data can differ from the national statistics.

*** Must comply with the requirements in paragraph 56 of the Cabinet's Regulation: if you are in self-isolation and the 14-day cumulative incidence per 100 000 inhabitants of the country, which you have returned from, does not exceed 50 anymore, then you may stop self-isolation.

**** <https://www.consilium.europa.eu/en/press/press-releases/2021/01/28/travel-restrictions-council-reviews-the-list-of-third-countries-for-which-member-states-should-gradually-lift-restrictions-on-non-essential-travel/>

*****The decision will be in force from 00.00 (Riga time) 11 February 2021