

# List of countries subject to special safety measures

The list of included countries is updated every **Friday**.

The list and requirements of self-isolation come into force on **16th January 00:00**

*The Cabinet's Regulation No. 360 (adopted 9 June 2020) "Epidemiological Safety Measures for the Containment of the Spread of COVID-19 Infection" (Cabinet's Regulation)\* paragraph 3. <sup>1</sup>"The Centre for Disease Prevention and Control shall, based on the information provided by the European Centre for Disease Prevention and Control, publish on its website a list of those countries to which special precautionary and restrictive measures are applicable, and shall also indicate those countries where such spread of COVID-19 infection has been registered which can cause a serious threat to the public health. The relevant precautionary and restrictive measures shall be applied from the day following the publication of the abovementioned list."*

## Significant (high likelihood) public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **exceeds rate 50**

Data taken from:

<https://www.ecdc.europa.eu/en/publications-data/data-national-14-day-notification-rate-covid-19>

State	14-day cumulative incidence**	Traveling considerations	Self-isolation***
Czechia	1512,8	Travel is not recommended	10 days after returning or transiting the country
Andorra	1437,4	Travel is not recommended	10 days after returning or transiting the country
Ireland	1253,7	Travel is not recommended	10 days after returning or transiting the country
Slovenia	1171,9	Travel is not recommended	10 days after returning or transiting the country
Sanmarino	1137,8	Travel is not recommended	10 days after returning or transiting the country
Lithuania	1004,8	Travel is not recommended	10 days after returning or transiting the country
Portugal	901,3	Travel is not recommended	10 days after returning or transiting the country
Cyprus	878,3	Travel is not recommended	10 days after returning or transiting the country
Sweden	790,1	Travel is not recommended	10 days after returning or transiting the country
Monaco	767,7	Travel is not recommended	10 days after returning or transiting the country
Slovakia	751,8	Travel is not recommended	10 days after returning or transiting the country
Latvia	689,5		
Liechtenstein	661,8	Travel is not recommended	10 days after returning or transiting the country
Netherlands	623,3	Travel is not recommended	10 days after returning or transiting the country

<b>Estonia</b>	<b>603,6</b>	Travel is not recommended	10 days after returning or transiting the country
<b>Switzerland</b>	<b>536,6</b>	Travel is not recommended	10 days after returning or transiting the country
<b>Denmark</b>	<b>506,0</b>	Travel is not recommended	10 days after returning or transiting the country
<b>Spain</b>	<b>495,1</b>	Travel is not recommended	10 days after returning or transiting the country
<b>Malta</b>	<b>426,1</b>	Travel is not recommended	10 days after returning or transiting the country
<b>Italy</b>	<b>379,1</b>	Travel is not recommended	10 days after returning or transiting the country
<b>Croatia</b>	<b>367,4</b>	Travel is not recommended	10 days after returning or transiting the country
<b>Luxembourg</b>	<b>347,8</b>	Travel is not recommended	10 days after returning or transiting the country
<b>Poland</b>	<b>340,7</b>	Travel is not recommended	10 days after returning or transiting the country
<b>France</b>	<b>329,2</b>	Travel is not recommended	10 days after returning or transiting the country
<b>Germany</b>	<b>324,3</b>	Travel is not recommended	10 days after returning or transiting the country
<b>Austria</b>	<b>319,7</b>	Travel is not recommended	10 days after returning or transiting the country
<b>Romania</b>	<b>282,5</b>	Travel is not recommended	10 days after returning or transiting the country
<b>Hungary</b>	<b>276,1</b>	Travel is not recommended	10 days after returning or transiting the country
<b>Belgium</b>	<b>225,1</b>	Travel is not recommended	10 days after returning or transiting the country
<b>Norway</b>	<b>158,0</b>	Travel is not recommended	10 days after returning or transiting the country
<b>Bulgaria</b>	<b>154,2</b>	Travel is not recommended	10 days after returning or transiting the country
<b>Greece</b>	<b>82,1</b>	Travel is not recommended	10 days after returning or transiting the country
<b>Finland</b>	<b>62,6</b>	Travel is not recommended	10 days after returning or transiting the country
<b>Other European countries not shown in this list</b>		Travel is not recommended	10 days after returning or transiting the country

### Low public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **does not exceed rate 50**

<b>State</b>	<b>14-day cumulative incidence**</b>	<b>Traveling considerations</b>	<b>Self-isolation***</b>
--------------	--------------------------------------	---------------------------------	--------------------------

<b>Iceland</b>	<b>48,2</b>	Follow standard precautions	Not compulsory
<b>Vatican</b>	<b>0,0</b>	Follow standard precautions	Not compulsory

## Countries outside the EU/EEA

The list of included countries of which crossing of the external EU border is permitted is defined in the Council's of Europe "Council recommendation on the temporary restriction on non-essential travel into the EU and the possible lifting of such restriction" Appendix I \*\*\*\*

State	14-day cumulative incidence**	Traveling considerations	Self-isolation***
<b>Other countries not shown in this list</b>		Travel is not recommended	10 days after returning or transiting the country
<b>United Kingdom</b>	<b>1114,3</b>	Travel is not recommended	10 days after returning or transiting the country
<b>Japan</b>	<b>52,6</b>	Travel is not recommended	10 days after returning or transiting the country
<b>South Korea</b>	<b>22,3</b>	Follow standard precautions	Not compulsory
<b>Rwanda</b>	<b>12,4</b>	Follow standard precautions	Not compulsory
<b>New Zealand</b>	<b>9,0</b>	Follow standard precautions	Not compulsory
<b>Singapore</b>	<b>6,5</b>	Follow standard precautions	Not compulsory
<b>Thailand</b>	<b>6,1</b>	Follow standard precautions	Not compulsory
<b>Australia</b>	<b>1,2</b>	Follow standard precautions	Not compulsory

### Clarifications:

\* Available at: <https://likumi.lv/ta/en/en/id/315304-epidemiological-safety-measures-for-the-containment-of-the-spread-of-covid-19-infection>

\*\* Calculation is based on the number of cases reported by the European Center for Disease Prevention and Control (ECDC) on the day of publication: <https://www.ecdc.europa.eu/en/geographical-distribution-2019-ncov-cases>. Data can differ from the national statistics.

\*\*\* Must comply with the requirements in paragraph 56 of the Cabinet's Regulation: if you are in self-isolation and the 14-day cumulative incidence per 100 000 inhabitants of the country, which you have returned from, does not exceed 50 anymore, then you may stop self-isolation.

\*\*\*\* <https://data.consilium.europa.eu/doc/document/ST-11701-2020-INIT/en/pdf>