

List of countries subject to special safety measures

The list is updated every **Friday**.

The list and isolation requirements shall take effect in accordance with the Cabinet of Ministers on 28 September 2021 Regulation No 662 "Epidemiological security measures to limit the spread of Covid-19 infection" 143 point "The Centre, on the basis of information published by the European Centre for Disease Prevention and Control, and for countries where necessary, the information published by the competent public health authorities of the countries concerned publishes on their website list of countries countries to which the special precautionary and restrictive measures apply (High public health threat countries) and the countries where such epidemiological measures have been established situation (including particularly high incidence of Covid-19 or rapid spread of SARS-CoV-2 virus strains threat to public health), which may to create a serious public health risk (Very high public health threat countries). The appropriate precautionary and restrictive measures shall be applied on the following day: publication of the referred to list, except in the cases referred to in these Chapter regarding the conditions for entry into the Republic of Latvia, which shall take effect in force within two working days of the date of publication."

Data taken from:

<https://www.ecdc.europa.eu/en/publications-data/data-national-14-day-notification-rate-covid-19>

Calculation is based on the number of cases reported by the European Center for Disease Prevention and Control (ECDC) on the day of publication.

Very high public health threat

Countries where the epidemiological situation has been identified which may pose a serious risk to public health

State ^E	14-day cumulative incidence	Traveling considerations	Vaccinated and recovered persons			Other persons		
			Self-isolation in Latvia ^Z	Test before travelling to Latvia ^F	Test upon entering Latvia ^G	Self-isolation in Latvia ^Z	Test before travelling to Latvia ^F	Test upon entering Latvia ^G
Eswatini	526.2	Travel is not recommended	10 days after returning to Latvia	Yes	Yes	10 days after returning to Latvia	Yes	Yes
South Africa	347.5	Travel is not recommended	10 days after returning to Latvia	Yes	Yes	10 days after returning to Latvia	Yes	Yes
Zimbabwe	223.0	Travel is not recommended	10 days after returning to Latvia	Yes	Yes	10 days after returning to Latvia	Yes	Yes
Namibia	153.6	Travel is not recommended	10 days after returning to Latvia	Yes	Yes	10 days after returning to Latvia	Yes	Yes
Lesotho	62.9	Travel is not recommended	10 days after returning to Latvia	Yes	Yes	10 days after returning to Latvia	Yes	Yes
Botswana	50.2	Travel is not recommended	10 days after returning to Latvia	Yes	Yes	10 days after returning to Latvia	Yes	Yes
Mozambique	6.9	Travel is not recommended	10 days after returning to Latvia	Yes	Yes	10 days after returning to Latvia	Yes	Yes
Malawi	1.9	Travel is not recommended	10 days after returning to Latvia	Yes	Yes	10 days after returning to Latvia	Yes	Yes

High public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **exceeds rate 75**

State	14-day cumulative incidence	Traveling considerations	Vaccinated and recovered persons [#]			Other persons		
			Self-isolation in Latvia	Test before travelling to Latvia ⁺	Test upon entering Latvia	Self-isolation in Latvia ^{**}	Test before travelling to Latvia ⁺	Test upon entering Latvia
Andorra	3743.9	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia ^{***}	Yes	No
Liechtenstein	2167.9	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia ^{***}	Yes	No

	Slovakia	1944.3	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Czechia	1920.2	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Sanmarino	1802.5	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Belgium	1769.3	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Netherlands	1615.2	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Switzerland	1500.3	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Ireland	1283.7	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Croatia	1239.7	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Denmark	1206.0	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Norway	1093.1	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Hungary	1046.3	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Slovenia	1025.0	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Monaco	958.1	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	France	933.6	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Austria	904.2	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Germany	869.2	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Luxembourg	860.7	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Lithuania	845.8	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Poland	839.4	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Cyprus	795.2	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Greece	719.8	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Portugal	507.5	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Estonia	506.9	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Latvia	499.6							
	Iceland	485.8	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Spain	378.7	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Bulgaria	367.2	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Finland	352.8	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Sweden	314.4	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No

Italy	301.8	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Malta	269.5	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Romania	75.2	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No

Low public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **does not exceed rate 75**

State	14-day cumulative incidence	Traveling considerations	Vaccinated and recovered persons [#]			Other persons		
			Self-isolation in Latvia	Test before travelling to Latvia ⁺	Test upon entering Latvia	Self-isolation in Latvia	Test before travelling to Latvia ⁺	Test upon entering Latvia
Vatican	0.0	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No

Countries and territories outside the EU/EEA

The list of included countries of which crossing of the external EU border is permitted is defined in the Council's of Europe "Council recommendation on the temporary restriction on non-essential travel into the EU and the possible lifting of such restriction" Appendix I ****

State	14-day cumulative incidence	Traveling considerations	Vaccinated and recovered persons			Other persons		
			Self-isolation in Latvia	Test before travelling to Latvia ⁺	Test upon entering Latvia	Self-isolation in Latvia**	Test before travelling to Latvia ⁺	Test upon entering Latvia ^{&}
Other countries not shown in this list		Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	Yes
United Kingdom	988.2	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
South Korea	160.3	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	Yes
Canada	134.5	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	Yes
Chile	119.3	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	Yes
Uruguay	92.6	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	Yes
Australia	89.3	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	Yes
Qatar	83.0	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	Yes
Argentina	80.6	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	Yes
Peru	61.7	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No
Colombia	56.0	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No
New Zealand	32.0	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No
Bahrain	28.2	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No
Kuwait	10.4	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No
United Arab Emirates	9.5	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No
Rwanda	2.3	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No
Saudi Arabia	1.6	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No

Indonesia	1.1	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No
Hong Kong SAR	0.8	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No
Taiwan	0.6	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No
Macau SAR	0.0	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No

Clarifications:

* Available at: <https://likumi.lv/ta/id/326513-epidemiologiskas-drosibas-pasakumi-covid-19-infekcijas-izplatibas-ierobezosana>

** Must comply with the requirements in paragraph 195 of the Cabinet's Regulation.

*** You can break self-isolation if you performed the Covid-19 test on the seventh day after entry in Latvia and results of test are negative.

**** <https://www.consilium.europa.eu/lv/press/press-releases/2021/12/02/covid-19-council-removes-jordan-and-namibia-from-the-list-of-countries-for-which-travel-restrictions-should-be-lifted/>

According to sub-paragraph 147 of Cabinet's Regulation compliance with requirements shall be confirmed with an interoperable vaccination certificate, test certificate or certificate of recovery issued in the United States, the United Kingdom, the Commonwealth of Australia, New Zealand or Canada. When entering from countries other than the United States, the United Kingdom, the Commonwealth of Australia, New Zealand or Canada, the fact of testing may be certified with a test result in English or in the language of the exit State. These documents may be in paper form or electronic form (in a smartphone).

+ According to sub-paragraph 148 of Cabinet's Regulation persons must have been tested for COVID-19 within the last 72 hours (detecting the SARS-CoV-2 virus RNA) or 48 hours (SARS-CoV-2 rapid antigen test) before boarding the vehicle of a carrier or entering the Republic of Latvia by a vehicle not performing carriage and the test result must be negative. If the person enters from a particularly high-risk country, it is mandatory for such person to undergo the test referred to in this Paragraph, even though such person has been vaccinated against COVID-19 or has recovered from COVID-19 infection.

\$ This designation is without prejudice to positions on status, and is in line with UNSCR 1244 (1999) and the ICJ Opinion on the Kosovo declaration of independence.

& In accordance with Paragraph 159 of the Cabinet of Ministers Regulations, a person, except the persons referred to in Paragraph 167 of these Regulations, upon entering the Republic of Latvia, shall without delay, but not later than within 24 hours, perform a Covid-19 test at the nearest available test point, informing the laboratory representative of the purpose of performing the test, and shall immediately go to the place of self-isolation in accordance with Paragraph 160 of these Regulations until the test result has been received.

^E According to the paragraph 5.55 of the Cabinet's Order. Order available at: <https://likumi.lv/ta/en/en/id/326729-regarding-declaration-of-the-emergency-situation>

^F According to the paragraph 5.56.1. persons must have been tested for COVID-19 within the last 72 hours (detecting the SARS-CoV-2 virus RNA) before entering Latvia

^G Persons entering the Republic of Latvia, immediately, but not later than within 24 hours, perform a Covid-19 test (for SARS-CoV-2 virus RNA) and a second time on the 7th day after leaving the particularly high-risk countries

^Z Must comply with the requirements in paragraph 5.56.3., 5.56.4. and 5.57 of the Cabinet's Order