

List of countries subject to special safety measures

The list is updated every **Friday**.

The list and isolation requirements shall take effect in accordance with the Cabinet of Ministers on 28 September 2021 Regulation No 662 "Epidemiological security measures to limit the spread of Covid-19 infection" 143 point "The Centre, on the basis of information published by the European Centre for Disease Prevention and Control, and for countries where necessary, the information published by the competent public health authorities of the countries concerned publishes on their website list of countries countries to which the special precautionary and restrictive measures apply (High public health threat countries) and the countries where such epidemiological measures have been established situation (including particularly high incidence of Covid-19 or rapid spread of SARS-CoV-2 virus strains threat to public health), which may to create a serious public health risk (Very high public health threat countries). The appropriate precautionary and restrictive measures shall be applied on the following day: publication of the referred to list, except in the cases referred to in these Chapter regarding the conditions for entry into the Republic of Latvia, which shall take effect in force within two working days of the date of publication."

Data taken from:

<https://www.ecdc.europa.eu/en/publications-data/data-national-14-day-notification-rate-covid-19>

Calculation is based on the number of cases reported by the European Center for Disease Prevention and Control (ECDC) on the day of publication.

Very high public health threat

Countries where the epidemiological situation has been identified which may pose a serious risk to public health

State ^E	14-day cumulative incidence	Traveling considerations	Vaccinated and recovered persons			Other persons		
			Self-isolation in Latvia ^Z	Test before travelling to Latvia ^F	Test upon entering Latvia ^G	Self-isolation in Latvia ^Z	Test before travelling to Latvia ^F	Test upon entering Latvia ^G
South Africa	171.7	Travel is not recommended	10 days after returning to Latvia	Yes	Yes	10 days after returning to Latvia	Yes	Yes
Eswatini	87.7	Travel is not recommended	10 days after returning to Latvia	Yes	Yes	10 days after returning to Latvia	Yes	Yes
Botswana	36.4	Travel is not recommended	10 days after returning to Latvia	Yes	Yes	10 days after returning to Latvia	Yes	Yes
Zimbabwe	36.3	Travel is not recommended	10 days after returning to Latvia	Yes	Yes	10 days after returning to Latvia	Yes	Yes
Namibia	27.2	Travel is not recommended	10 days after returning to Latvia	Yes	Yes	10 days after returning to Latvia	Yes	Yes
Lesotho	5.1	Travel is not recommended	10 days after returning to Latvia	Yes	Yes	10 days after returning to Latvia	Yes	Yes
Mozambique	1.4	Travel is not recommended	10 days after returning to Latvia	Yes	Yes	10 days after returning to Latvia	Yes	Yes
Malawi	0.6	Travel is not recommended	10 days after returning to Latvia	Yes	Yes	10 days after returning to Latvia	Yes	Yes

High public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **exceeds rate 75**

State	14-day cumulative incidence	Traveling considerations	Vaccinated and recovered persons [#]			Other persons		
			Self-isolation in Latvia	Test before travelling to Latvia ⁺	Test upon entering Latvia	Self-isolation in Latvia ^{**}	Test before travelling to Latvia ⁺	Test upon entering Latvia
Andorra	3061.3	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia ^{***}	Yes	No
Slovakia	2274.1	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia ^{***}	Yes	No

Czechia	2270.8	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Belgium	2077.5	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Liechtenstein	1889.2	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Netherlands	1779.8	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Austria	1506.5	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Croatia	1479.9	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Slovenia	1370.8	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Hungary	1349.8	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Ireland	1260.9	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Sanmarino	1239.4	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Switzerland	1228.2	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Denmark	1017.5	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Germany	938.7	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Lithuania	862.9	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Poland	861.3	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Monaco	853.6	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Luxembourg	819.8	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Norway	819.7	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Greece	805.4	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
France	722.1	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Cyprus	702.6	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Latvia	587.8							
Estonia	565.1	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Iceland	506.1	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Portugal	439.4	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Bulgaria	430.1	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Finland	309.9	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Spain	291.9	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Italy	266.8	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No

Malta	255.9	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Sweden	249.1	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Romania	109.1	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No

Low public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **does not exceed rate 75**

State	14-day cumulative incidence	Traveling considerations	Vaccinated and recovered persons [#]			Other persons		
			Self-isolation in Latvia	Test before travelling to Latvia ⁺	Test upon entering Latvia	Self-isolation in Latvia	Test before travelling to Latvia ⁺	Test upon entering Latvia
Vatican	0.0	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No

Countries and territories outside the EU/EEA

The list of included countries of which crossing of the external EU border is permitted is defined in the Council's of Europe "Council recommendation on the temporary restriction on non-essential travel into the EU and the possible lifting of such restriction" Appendix I ****

State	14-day cumulative incidence	Traveling considerations	Vaccinated and recovered persons			Other persons		
			Self-isolation in Latvia	Test before travelling to Latvia ⁺	Test upon entering Latvia	Self-isolation in Latvia**	Test before travelling to Latvia ⁺	Test upon entering Latvia ^{&}
Other countries not shown in this list		Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	Yes
United Kingdom	909.3	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Chile	150.4	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	Yes
South Korea	115.3	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	Yes
Canada	111.6	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	Yes
Uruguay	84.5	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	Yes
Australia	76.3	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	Yes
Qatar	69.2	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No
Colombia	63.9	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No
Peru	60.7	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No
Argentina	59.9	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No
New Zealand	37.0	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No
Bahrain	24.1	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No
United Arab Emirates	9.0	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No
Kuwait	7.6	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No
Indonesia	1.6	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No
Rwanda	1.5	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No

Saudi Arabia	1.1	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No
Hong Kong SAR	0.8	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No
Taiwan	0.5	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No
Macau SAR	0.0	Travel is not recommended	Not compulsory	No	No	Not compulsory	Yes	No

Clarifications:

* Available at: <https://likumi.lv/ta/id/326513-epidemiologiskas-drosibas-pasakumi-covid-19-infekcijas-izplatibas-ierobezosana>

** Must comply with the requirements in paragraph 195 of the Cabinet's Regulation.

*** You can break self-isolation if you performed the Covid-19 test on the seventh day after entry in Latvia and results of test are negative.

**** <https://www.consilium.europa.eu/lv/press/press-releases/2021/12/02/covid-19-council-removes-jordan-and-namibia-from-the-list-of-countries-for-which-travel-restrictions-should-be-lifted/>

According to sub-paragraph 147 of Cabinet's Regulation compliance with requirements shall be confirmed with an interoperable vaccination certificate, test certificate or certificate of recovery issued in the United States, the United Kingdom, the Commonwealth of Australia, New Zealand or Canada. When entering from countries other than the United States, the United Kingdom, the Commonwealth of Australia, New Zealand or Canada, the fact of testing may be certified with a test result in English or in the language of the exit State. These documents may be in paper form or electronic form (in a smartphone).

+ According to sub-paragraph 148 of Cabinet's Regulation persons must have been tested for COVID-19 within the last 72 hours (detecting the SARS-CoV-2 virus RNA) or 48 hours (SARS-CoV-2 rapid antigen test) before boarding the vehicle of a carrier or entering the Republic of Latvia by a vehicle not performing carriage and the test result must be negative. If the person enters from a particularly high-risk country, it is mandatory for such person to undergo the test referred to in this Paragraph, even though such person has been vaccinated against COVID-19 or has recovered from COVID-19 infection.

\$ This designation is without prejudice to positions on status, and is in line with UNSCR 1244 (1999) and the ICJ Opinion on the Kosovo declaration of independence.

& In accordance with Paragraph 159 of the Cabinet of Ministers Regulations, a person, except the persons referred to in Paragraph 167 of these Regulations, upon entering the Republic of Latvia, shall without delay, but not later than within 24 hours, perform a Covid-19 test at the nearest available test point, informing the laboratory representative of the purpose of performing the test, and shall immediately go to the place of self-isolation in accordance with Paragraph 160 of these Regulations until the test result has been received.

^E According to the paragraph 5.55 of the Cabinet's Order. Order available at: <https://likumi.lv/ta/en/en/id/326729-regarding-declaration-of-the-emergency-situation>

^F According to the paragraph 5.56.1. persons must have been tested for COVID-19 within the last 72 hours (detecting the SARS-CoV-2 virus RNA) before entering Latvia

^G Persons entering the Republic of Latvia, immediately, but not later than within 24 hours, perform a Covid-19 test (for SARS-CoV-2 virus RNA) and a second time on the 7th day after leaving the particularly high-risk countries

^Z Must comply with the requirements in paragraph 5.56.3., 5.56.4. and 5.57 of the Cabinet's Order