

List of countries subject to special safety measures

The list of included countries is updated every **Friday**.

The list and requirements of self-isolation come into force on **03.07.2021. 00:00**

The Cabinet's Regulation No. 360 (adopted 9 June 2020) "Epidemiological Safety Measures

for the Containment of the Spread of COVID-19 Infection" (Cabinet's Regulation)* paragraph 3. ¹"The Centre for Disease Prevention and Control shall, based on the information provided by the European Centre for Disease Prevention and Control, publish on its website a list of those countries to which special precautionary and restrictive measures are applicable, and shall also indicate those countries where such spread of COVID-19 infection has been registered which can cause a serious threat to the public health. The relevant precautionary and restrictive measures shall be applied from the day following the publication of the abovementioned list."

Data taken from:

<https://www.ecdc.europa.eu/en/publications-data/data-national-14-day-notification-rate-covid-19>

Calculation is based on the number of cases reported by the European Center for Disease Prevention and Control (ECDC) on the day of publication.

Very high public health threat

Countries where the epidemiological situation has been identified which may pose a serious risk to public health

State	14-day cumulative incidence	Traveling considerations	Vaccinated and recovered persons [#]			Other persons		
			Self-isolation in Latvia**	Test before travelling to Latvia ⁺	Test upon entering Latvia	Self-isolation in Latvia**	Test before travelling to Latvia ⁺	Test upon entering Latvia
-	-	Travel is not recommended	10 days after returning to Latvia***	Yes	Yes	10 days after returning to Latvia***	Yes	Yes

High public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **exceeds rate 75**

State	14-day cumulative incidence	Traveling considerations	Vaccinated and recovered persons [#]			Other persons		
			Self-isolation in Latvia	Test before travelling to Latvia ⁺	Test upon entering Latvia	Self-isolation in Latvia**	Test before travelling to Latvia ⁺	Test upon entering Latvia
Cyprus	179.6	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Portugal	168.8	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Monaco	117.2	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Spain	107.5	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Ireland	91.3	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Andorra	90.6	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No

Low public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **does not exceed rate 75**

State	14-day cumulative incidence	Traveling considerations	Vaccinated and recovered persons [#]			Other persons		
			Self-isolation in Latvia	Test before travelling to Latvia ⁺	Test upon entering Latvia	Self-isolation in Latvia	Test before travelling to Latvia ⁺	Test upon entering Latvia
Latvia	61.9							
Netherlands	58.7	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Greece	55.7	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No

Denmark	51.2	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Norway	47.3	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Belgium	46.0	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Sweden	44.8	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
France	43.6	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Slovenia	39.2	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Estonia	33.5	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Luxembourg	31.0	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Lithuania	28.1	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Croatia	26.7	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Switzerland	23.3	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Finland	22.9	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Italy	22.1	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Liechtenstein	20.6	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Bulgaria	17.2	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Czechia	16.9	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Slovakia	16.5	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Austria	15.7	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Germany	13.7	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Hungary	10.2	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Iceland	7.7	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Malta	5.8	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Sanmarino	5.8	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Poland	5.5	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Romania	4.6	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Vatican	0.0	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No

Countries and territories outside the EU/EEA

The list of included countries of which crossing of the external EU border is permitted is defined in the Council's of Europe "Council recommendation on the temporary restriction on non-essential travel into the EU and the possible lifting of such restriction" Appendix I ****

	14-day	Traveling	Vaccinated and recovered persons [#]	Other persons
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	State	cumulative incidence	Traveling considerations	Self-isolation in Latvia	Test before travelling to Latvia ⁺	Test upon entering Latvia	Self-isolation in Latvia**	Test before travelling to Latvia ⁺	Test upon entering Latvia
	Other countries not shown in this list		Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	Yes
	United Kingdom	233.6	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
	Thailand	72.5	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	Qatar	72.2	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	Jordan	69.2	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	Rwanda	63.7	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	Saudi Arabia	50.0	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	United States of America	49.4	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	Armenia	38.1	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	Montenegro	37.6	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	Canada	28.7	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	Lebanon	28.1	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	Serbia	20.4	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	Moldova	18.9	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	Japan	16.3	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	Israel	15.3	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	South Korea	14.2	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	Bosnia and Herzegovina	10.6	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	Kosovo \$	9.0	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	Taiwan	6.7	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	Republic of North Macedonia	6.6	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	Azerbaijan	6.6	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	Singapore	4.6	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	Brunei	2.1	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	Albania	1.8	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	Australia	1.0	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	New Zealand	0.6	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	Hong Kong SAR	0.6	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
	Macau SAR	0.2	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No

Clarifications:

* Available at: <https://likumi.lv/ta/en/en/id/315304-epidemiological-safety-measures-for-the-containment-of-the-spread-of-covid-19-infection>

** Must comply with the requirements in paragraph 56 of the Cabinet's Regulation.

*** You can break self-isolation if you performed the Covid-19 test on the seventh day after entry in Latvia and results of test are negative.

**** <https://www.consilium.europa.eu/lv/press/press-releases/2021/07/01/covid-19-council-adds-10-countries-and-one-entity-territorial-authority-to-the-list-of-countries-for-which-travel-restrictions-should-be-lifted/>

According to sub-paragraph 38.⁴⁰ of Cabinet's Regulation until 1st of september of 2021 compliance with requirements shall be confirmed with an interoperable vaccination certificate, test certificate or certificate of recovery issued in the European Union Member States and European Economic Area countries, the Swiss Confederation, or the United Kingdom. When entering from countries that are not European Union Member States and European Economic Area countries, the Swiss Confederation, and the United Kingdom, the fact of testing may be certified with a test result in English or in the language of the exit State. These documents may be in paper form or electronic form (in a smartphone).

+ According to sub-paragraph 38.³⁹3. of Cabinet's Regulation persons must have been tested for COVID-19 within the last 72 hours before boarding the vehicle of a carrier or entering the Republic of Latvia by a vehicle not performing carriage and the test result must be negative. If the person enters from a particularly high-risk country, it is mandatory for such person to undergo the test referred to in this Paragraph, even though such person has been vaccinated against COVID-19 or has recovered from COVID-19 infection.

\$ This designation is without prejudice to positions on status, and is in line with UNSCR 1244 (1999) and the ICJ Opinion on the Kosovo declaration of independence.