

# List of countries subject to special safety measures

The list of included countries is updated every **Friday**.

The list and requirements of self-isolation come into force on **26.06.2021. 00:00**

*The Cabinet's Regulation No. 360 (adopted 9 June 2020) "Epidemiological Safety Measures*

*for the Containment of the Spread of COVID-19 Infection" (Cabinet's Regulation)\* paragraph 3. <sup>1</sup>"The Centre for Disease Prevention and Control shall, based on the information provided by the European Centre for Disease Prevention and Control, publish on its website a list of those countries to which special precautionary and restrictive measures are applicable, and shall also indicate those countries where such spread of COVID-19 infection has been registered which can cause a serious threat to the public health. The relevant precautionary and restrictive measures shall be applied from the day following the publication of the abovementioned list."*

Data taken from:

<https://www.ecdc.europa.eu/en/publications-data/data-national-14-day-notification-rate-covid-19>

Calculation is based on the number of cases reported by the European Center for Disease Prevention and Control (ECDC) on the day of publication.

## Very high public health threat

Countries where the epidemiological situation has been identified which may pose a serious risk to public health

State	14-day cumulative incidence	Traveling considerations	Vaccinated and recovered persons <sup>#</sup>			Other persons		
			Self-isolation in Latvia**	Test before travelling to Latvia <sup>+</sup>	Test upon entering Latvia	Self-isolation in Latvia**	Test before travelling to Latvia <sup>+</sup>	Test upon entering Latvia
-	-	Travel is not recommended	10 days after returning to Latvia***	Yes	Yes	10 days after returning to Latvia***	Yes	Yes

## High public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants exceeds rate **75**

State	14-day cumulative incidence	Traveling considerations	Vaccinated and recovered persons <sup>#</sup>			Other persons		
			Self-isolation in Latvia**	Test before travelling to Latvia <sup>+</sup>	Test upon entering Latvia	Self-isolation in Latvia**	Test before travelling to Latvia <sup>+</sup>	Test upon entering Latvia
Portugal	124.0	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Spain	120.7	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Andorra	114.2	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Latvia	104.7							
Monaco	101.9	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Cyprus	97.3	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Ireland	90.5	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Netherlands	86.7	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Greece	83.7	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Denmark	83.3	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Slovenia	78.0	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No

### Low public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **does not exceed rate 75**

State	14-day cumulative incidence	Traveling considerations	Vaccinated and recovered persons <sup>#</sup>			Other persons		
			Self-isolation in Latvia**	Test before travelling to Latvia <sup>+</sup>	Test upon entering Latvia	Self-isolation in Latvia**	Test before travelling to Latvia <sup>+</sup>	Test upon entering Latvia
<b>Belgium</b>	<b>70.7</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Sweden</b>	<b>69.3</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>France</b>	<b>66.2</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Lithuania</b>	<b>61.1</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Luxembourg</b>	<b>53.3</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Estonia</b>	<b>49.8</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Norway</b>	<b>46.9</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Switzerland</b>	<b>42.0</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Croatia</b>	<b>38.8</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Italy</b>	<b>34.5</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Slovakia</b>	<b>31.0</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Austria</b>	<b>30.9</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Germany</b>	<b>25.1</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Czechia</b>	<b>23.1</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Bulgaria</b>	<b>22.4</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Finland</b>	<b>20.1</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Hungary</b>	<b>15.8</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Liechtenstein</b>	<b>15.5</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Poland</b>	<b>9.3</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Romania</b>	<b>6.9</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Iceland</b>	<b>4.9</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Malta</b>	<b>3.7</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Sanmarino</b>	<b>2.9</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Vatican</b>	<b>0.0</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No

## Countries outside the EU/EEA

The list of included countries of which crossing of the external EU border is permitted is defined in the Council's of Europe "Council recommendation on the temporary restriction on non-essential travel into the EU and the possible lifting of such restriction" Appendix I \*\*\*\*

State	14-day cumulative incidence	Traveling considerations	Vaccinated and recovered persons <sup>#</sup>			Other persons		
			Self-isolation in Latvia**	Test before travelling to Latvia <sup>+</sup>	Test upon entering Latvia	Self-isolation in Latvia**	Test before travelling to Latvia <sup>+</sup>	Test upon entering Latvia
<b>Other countries not shown in this list</b>		Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	Yes
<b>United Kingdom</b>	<b>166.2</b>	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
<b>Thailand</b>	<b>59.3</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>United States of America</b>	<b>54.3</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Serbia</b>	<b>30.0</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Rwanda</b>	<b>27.5</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Japan</b>	<b>17.2</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Lebanon</b>	<b>16.0</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>South Korea</b>	<b>13.4</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Republic of North Macedonia</b>	<b>9.9</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>New Zealand</b>	<b>8.2</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Israel</b>	<b>4.2</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Albania</b>	<b>3.9</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Singapore</b>	<b>3.7</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
<b>Australia</b>	<b>0.6</b>	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No

### Clarifications:

\* Available at: <https://likumi.lv/ta/en/en/id/315304-epidemiological-safety-measures-for-the-containment-of-the-spread-of-the-spread-of-covid-19-infection>

\*\* Must comply with the requirements in paragraph 56 of the Cabinet's Regulation.

\*\*\* You can break self-isolation if you performed the Covid-19 test on the seventh day after entry in Latvia and results of test are negative.

\*\*\*\* <https://www.consilium.europa.eu/en/press/press-releases/2021/06/18/council-updates-the-list-of-countries-special-administrative-regions-and-other-entities-and-territorial-authorities-for-which-travel-restrictions-should-be-lifted/>

<sup>#</sup> According to sub-paragraph 38.<sup>40</sup> of Cabinet's Regulation until 1st of september of 2021 compliance with requirements shall be confirmed with an interoperable vaccination certificate, test certificate or certificate of recovery issued in the European Union Member States and European Economic Area countries, the Swiss Confederation, or the United Kingdom. When entering from countries that are not European Union Member States and European Economic Area countries, the Swiss Confederation, and the United Kingdom, the fact of testing may be certified with a test result in English or in the language of the exit State. These documents may be in paper form or electronic form (in a smartphone).

<sup>+</sup> According to sub-paragraph 38.<sup>39</sup> of Cabinet's Regulation persons must have been tested for COVID-19 within the last 72 hours before boarding the vehicle of a carrier or entering the Republic of Latvia by a vehicle not performing carriage and the test result must be negative. If the person enters from a particularly high-risk country, it is mandatory for such person to undergo the test referred to in this Paragraph, even though such person has been vaccinated against COVID-19 or has recovered from COVID-19 infection.