

List of countries subject to special safety measures

The list of included countries is updated every **Friday**.

The list and requirements of self-isolation come into force on **19.06.2021. 00:00**

The Cabinet's Regulation No. 360 (adopted 9 June 2020) "Epidemiological Safety Measures

for the Containment of the Spread of COVID-19 Infection" (Cabinet's Regulation) paragraph 3. ¹"The Centre for Disease Prevention and Control shall, based on the information provided by the European Centre for Disease Prevention and Control, publish on its website a list of those countries to which special precautionary and restrictive measures are applicable, and shall also indicate those countries where such spread of COVID-19 infection has been registered which can cause a serious threat to the public health. The relevant precautionary and restrictive measures shall be applied from the day following the publication of the abovementioned list."*

Data taken from:

<https://www.ecdc.europa.eu/en/publications-data/data-national-14-day-notification-rate-covid-19>

Calculation is based on the number of cases reported by the European Center for Disease Prevention and Control (ECDC) on the day of publication.

Very high public health threat

Countries where the epidemiological situation has been identified which may pose a serious risk to public health

State	14-day cumulative incidence	Traveling considerations	Vaccinated and recovered persons			Other persons		
			Self-isolation in Latvia**	Test before travelling to Latvia	Test upon entering Latvia	Self-isolation in Latvia**	Test before travelling to Latvia	Test upon entering Latvia
-	-	Travel is not recommended	10 days after returning to Latvia***	Yes	Yes	10 days after returning to Latvia***	Yes	Yes

High public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants exceeds rate **75**

State	14-day cumulative incidence	Traveling considerations	Vaccinated and recovered persons			Other persons		
			Self-isolation in Latvia**	Test before travelling to Latvia	Test upon entering Latvia	Self-isolation in Latvia**	Test before travelling to Latvia	Test upon entering Latvia
Latvia	153.7							
Denmark	152.6	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Netherlands	138.5	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Spain	133.9	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Sweden	131.0	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Slovenia	131.0	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Greece	127.2	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Belgium	123.0	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Lithuania	113.3	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Andorra	112.9	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
France	110.7	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No

Ireland	102.6	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Cyprus	88.2	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Portugal	87.2	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Luxembourg	82.6	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
Other European countries not shown in this list		Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No

Low public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **does not exceed rate 75**

State	14-day cumulative incidence	Traveling considerations	Vaccinated and recovered persons			Other persons		
			Self-isolation in Latvia**	Test before travelling to Latvia	Test upon entering Latvia	Self-isolation in Latvia**	Test before travelling to Latvia	Test upon entering Latvia
Estonia	74.8	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Switzerland	69.5	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Norway	61.5	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Croatia	59.1	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Monaco	53.5	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Slovakia	52.6	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Italy	48.4	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Austria	45.5	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Germany	41.4	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Czechia	36.2	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Liechtenstein	36.1	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Bulgaria	29.7	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Hungary	25.7	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Finland	24.7	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Poland	14.0	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Romania	10.5	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Iceland	9.6	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Malta	9.1	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Sanmarino	0.0	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No

Vatican	0.0	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
----------------	------------	-----------------------------	----------------	----	----	----------------	-----	----

Countries outside the EU/EEA

The list of included countries of which crossing of the external EU border is permitted is defined in the Council's of Europe "Council recommendation on the temporary restriction on non-essential travel into the EU and the possible lifting of such restriction" Appendix I ****

State	14-day cumulative incidence	Traveling considerations	Vaccinated and recovered persons			Other persons		
			Self-isolation in Latvia**	Test before travelling to Latvia	Test upon entering Latvia	Self-isolation in Latvia**	Test before travelling to Latvia	Test upon entering Latvia
Other countries not shown in this list		Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	Yes
United Kingdom	131.3	Travel is not recommended	Not compulsory	No	No	10 days after returning to Latvia***	Yes	No
United States of America	61.2	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Thailand	56.6	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Serbia	38.5	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Lebanon	30.7	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Japan	23.2	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
South Korea	15.5	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Republic of North Macedonia	12.7	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Rwanda	11.2	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
New Zealand	8.1	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Albania	5.3	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Singapore	4.2	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Israel	2.3	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No
Australia	0.6	Follow standard precautions	Not compulsory	No	No	Not compulsory	Yes	No

Clarifications:

* Available at: <https://likumi.lv/ta/en/en/id/315304-epidemiological-safety-measures-for-the-containment-of-the-spread-of-covid-19-infection>

** Must comply with the requirements in paragraph 56 of the Cabinet's Regulation.

*** You can break self-isolation if you performed the Covid-19 test on the seventh day after entry in Latvia and results of test are negative.

**** <https://www.consilium.europa.eu/en/press/press-releases/2021/06/18/council-updates-the-list-of-countries-special-administrative-regions-and-other-entities-and-territorial-authorities-for-which-travel-restrictions-should-be-lifted/>