

List of countries subject to special safety measures

The list of included countries is updated every **Friday**.

The list and requirements of self-isolation come into force on **29.05.2021. 00:00**

The Cabinet's Regulation No. 360 (adopted 9 June 2020) "Epidemiological Safety Measures

for the Containment of the Spread of COVID-19 Infection" (Cabinet's Regulation) paragraph 3. ¹ "The Centre for Disease Prevention and Control shall, based on the information provided by the European Centre for Disease Prevention and Control, publish on its website a list of those countries to which special precautionary and restrictive measures are applicable, and shall also indicate those countries where such spread of COVID-19 infection has been registered which can cause a serious threat to the public health. The relevant precautionary and restrictive measures shall be applied from the day following the publication of the abovementioned list."*

Significant (high likelihood) public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **exceeds rate 50**

Data taken from:

<https://www.ecdc.europa.eu/en/publications-data/data-national-14-day-notification-rate-covid-19>

State	14-day cumulative incidence**	Traveling considerations	Self-isolation***
Lithuania	467.4	Travel is not recommended	10 days after returning or transiting the country
Sweden	427.1	Travel is not recommended	10 days after returning or transiting the country
Latvia	366.0		
Netherlands	361.7	Travel is not recommended	10 days after returning or transiting the country
France	335.0	Travel is not recommended	10 days after returning or transiting the country
Cyprus	279.2	Travel is not recommended	10 days after returning or transiting the country
Belgium	268.9	Travel is not recommended	10 days after returning or transiting the country
Slovenia	264.4	Travel is not recommended	10 days after returning or transiting the country
Greece	259.4	Travel is not recommended	10 days after returning or transiting the country
Estonia	250.7	Travel is not recommended	10 days after returning or transiting the country
Denmark	247.7	Travel is not recommended	10 days after returning or transiting the country
Andorra	244.2	Travel is not recommended	10 days after returning or transiting the country
Croatia	229.5	Travel is not recommended	10 days after returning or transiting the country
Luxembourg	210.2	Travel is not recommended	10 days after returning or transiting the country
Switzerland	183.6	Travel is not recommended	10 days after returning or transiting the country

Germany	149.6	Travel is not recommended	10 days after returning or transiting the country
Spain	139.7	Travel is not recommended	10 days after returning or transiting the country
Italy	135.8	Travel is not recommended	10 days after returning or transiting the country
Czechia	118.2	Travel is not recommended	10 days after returning or transiting the country
Austria	115.8	Travel is not recommended	10 days after returning or transiting the country
Slovakia	114.3	Travel is not recommended	10 days after returning or transiting the country
Norway	110.5	Travel is not recommended	10 days after returning or transiting the country
Ireland	102.6	Travel is not recommended	10 days after returning or transiting the country
Hungary	101.9	Travel is not recommended	10 days after returning or transiting the country
Bulgaria	92.7	Travel is not recommended	10 days after returning or transiting the country
Poland	81.9	Travel is not recommended	10 days after returning or transiting the country
Liechtenstein	69.7	Travel is not recommended	10 days after returning or transiting the country
Monaco	66.5	Travel is not recommended	10 days after returning or transiting the country
Sanmarino	63.9	Travel is not recommended	10 days after returning or transiting the country
Portugal	55.6	Travel is not recommended	10 days after returning or transiting the country
Other European countries not shown in this list		Travel is not recommended	10 days after returning or transiting the country

Low public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **does not exceed rate 50**

State	14-day cumulative incidence**	Traveling considerations	Self-isolation
Finland	49.8	Follow standard precautions	Not compulsory
Romania	46.8	Follow standard precautions	Not compulsory
Iceland	10.2	Follow standard precautions	Not compulsory
Malta	9.3	Follow standard precautions	Not compulsory
Vatican	0.0	Follow standard precautions	Not compulsory

Countries outside the EU/EEA

The list of included countries of which crossing of the external EU border is permitted is defined in the Council's of Europe "Council recommendation on the temporary restriction on non-essential travel into the EU and the possible lifting of such restriction" Appendix I ****

State	14-day cumulative incidence**	Traveling considerations	Self-isolation
Other countries not shown in this list		Travel is not recommended	10 days after returning or transiting the country
Thailand	70.0	Travel is not recommended	10 days after returning or transiting the country
United Kingdom	40.7	Follow standard precautions	Not compulsory
South Korea	17.0	Follow standard precautions	Not compulsory
Israel	8.6	Follow standard precautions	Not compulsory
Rwanda	8.0	Follow standard precautions	Not compulsory
Singapore	7.9	Follow standard precautions	Not compulsory
New Zealand	0.5	Follow standard precautions	Not compulsory
Australia	0.3	Follow standard precautions	Not compulsory

Clarifications:

* Available at: <https://likumi.lv/ta/en/en/id/315304-epidemiological-safety-measures-for-the-containment-of-the-spread-of-covid-19-infection>

** Calculation is based on the number of cases reported by the European Center for Disease Prevention and Control (ECDC) on the day of publication: <https://www.ecdc.europa.eu/en/geographical-distribution-2019-ncov-cases>. Data can differ from the national statistics.

*** Must comply with the requirements in paragraph 56 of the Cabinet's Regulation: 1) if you are in self-isolation and the 14-day cumulative incidence per 100 000 inhabitants of the country, which you have returned from, does not exceed 50 anymore, then you may stop self-isolation or 2) if you have returned from the European Union, the European Economic Area, the Swiss Confederacy or the United Kingdom and you can provide document that 15 days have passed since the completion of the full vaccination course

**** <https://www.consilium.europa.eu/en/press/press-releases/2021/05/06/travel-restrictions-council-adds-israel-to-the-list-of-countries-for-which-member-states-should-gradually-lift-restrictions-on-non-essential-travel/>