List of countries subject to special safety measures

The list of included countries is updated every Friday.

The list and requirements of self-isolation come into force on 20th March 00:00

The Cabinet's Regulation No. 360 (adopted 9 June 2020) "Epidemiological Safety Measures

for the Containment of the Spread of COVID-19 Infection" (Cabinet's Regulation)* paragraph 3.¹ "The Centre for Disease Prevention and Control shall, based on the information provided by the European Centre for Disease Prevention and Control, publish on its website a list of those countries to which special precautionary and restrictive measures are applicable, and shall also indicate those countries where such spread of COVID-19 infection has been registered which can cause a serious threat to the public health. The relevant precautionary and restrictive measures shall be applied from the day following the publication of the abovementioned list."

Significant (high likelihood) public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants exceeds rate 50

Data taken from:

https://www.ecdc.europa.eu/en/publications-data/data-national-14-day-notification-rate-covid-19

State	14-day cumulative incidence**	Traveling considerations	Self-isolation***
Czechia	1518.3	Travel is not recommended	10 days after returning or transiting the country
Estonia	1464.1	Travel is not recommended	10 days after returning or transiting the country
Hungary	934.2	Travel is not recommended	10 days after returning or transiting the country
Malta	693.4	Travel is not recommended	10 days after returning or transiting the country
Sanmarino	635.6	Travel is not recommended	10 days after returning or transiting the country
Cyprus	556.8	Travel is not recommended	10 days after returning or transiting the country
Sweden	545.9	Travel is not recommended	10 days after returning or transiting the country
Poland	542.1	Travel is not recommended	10 days after returning or transiting the country
Slovakia	532.0	Travel is not recommended	10 days after returning or transiting the country
Italy	499.4	Travel is not recommended	10 days after returning or transiting the country
Slovenia	489.3	Travel is not recommended	10 days after returning or transiting the country
France	468.9	Travel is not recommended	10 days after returning or transiting the country
Monaco	456.4	Travel is not recommended	10 days after returning or transiting the country
Bulgaria	453.4	Travel is not recommended	10 days after returning or transiting the country
Andorra	442.4	Travel is not recommended	10 days after returning or transiting the country

Netherlands	402.9	Travel is not recommended	10 days after returning or transiting the country
Latvia	398.1		
Luxembourg	391.6	Travel is not recommended	10 days after returning or transiting the country
Austria	388.3	Travel is not recommended	10 days after returning or transiting the country
Belgium	328.4	Travel is not recommended	10 days after returning or transiting the country
Romania	303.1	Travel is not recommended	10 days after returning or transiting the country
Liechtenstein	302.0	Travel is not recommended	10 days after returning or transiting the country
Greece	280.3	Travel is not recommended	10 days after returning or transiting the country
Lithuania	223.5	Travel is not recommended	10 days after returning or transiting the country
Switzerland	220.5	Travel is not recommended	10 days after returning or transiting the country
Croatia	199.8	Travel is not recommended	10 days after returning or transiting the country
Norway	175.8	Travel is not recommended	10 days after returning or transiting the country
Finland	167.8	Travel is not recommended	10 days after returning or transiting the country
Denmark	161.1	Travel is not recommended	10 days after returning or transiting the country
Germany	154.8	Travel is not recommended	10 days after returning or transiting the country
Spain	146.6	Travel is not recommended	10 days after returning or transiting the country
Ireland	144.0	Travel is not recommended	10 days after returning or transiting the country
Portugal	92.8	Travel is not recommended	10 days after returning or transiting the country
Other European countries not shown in this list		Travel is not recommended	10 days after returning or transiting the country

Low public health threat 14-day cumulative number of COVID-19 cases per 100 000 inhabitants does not exceed rate 50

State	14-day cumulative incidence**	Traveling considerations	Self-isolation
Iceland	8.0	Follow standard precautions	Not compulsory
Vatican	0.0	Follow standard precautions	Not compulsory

Countries outside the EU/EEA

The list of included countries of which crossing of the external EU border is permitted is defined in the Council's of Europe "Council recommendation on the temporary restriction on non-essential travel into the EU and the possible lifting of such restriction" Appendix I ****

State	14-day cumulative incidence**	Traveling considerations	Self-isolation
Other countries not shown in this list		Travel is not recommended	10 days after returning or transiting the country
United Kingdom	120.3	Travel is not recommended	10 days after returning or transiting the country
South Korea	11.7	Follow standard precautions	Not compulsory
Rwanda	10.8	Follow standard precautions	Not compulsory
Singapore	2.9	Follow standard precautions	Not compulsory
Thailand	1.4	Follow standard precautions	Not compulsory
New Zealand	1.1	Follow standard precautions	Not compulsory
Australia	0.6	Follow standard precautions	Not compulsory

Clarifications:

* Available at: <u>https://likumi.lv/ta/en/en/id/315304-epidemiological-safety-measures-for-the-containment-of-the-spread-of-covid-19-infection</u>

** Calculation is based on the number of cases reported by the European Center for Disease Prevention and Control (ECDC) on the day of publication: <u>https://www.ecdc.europa.eu/en/geographical-distribution-2019-ncov-cases</u>. Data can differ from the national statistics.

*** Must comply with the requirements in paragraph 56 of the Cabinet's Regulation: if you are in self-isolation and the 14-day cumulative incidence per 100 000 inhabitants of the country, which you have returned from, does not exceed 50 anymore, then you may stop self-isolation.

**** https://www.consilium.europa.eu/en/press/press-releases/2021/01/28/travel-restrictions-council-reviews-thelist-of-third-countries-for-which-member-states-should-gradually-lift-restrictions-on-non-essential-travel/