

List of countries subject to special safety measures

The list of included countries is updated every **Friday**.

The list and requirements of self-isolation come into force on **13th March 00:00**

The Cabinet's Regulation No. 360 (adopted 9 June 2020) "Epidemiological Safety Measures

for the Containment of the Spread of COVID-19 Infection" (Cabinet's Regulation) paragraph 3. ¹ "The Centre for Disease Prevention and Control shall, based on the information provided by the European Centre for Disease Prevention and Control, publish on its website a list of those countries to which special precautionary and restrictive measures are applicable, and shall also indicate those countries where such spread of COVID-19 infection has been registered which can cause a serious threat to the public health. The relevant precautionary and restrictive measures shall be applied from the day following the publication of the abovementioned list."*

Significant (high likelihood) public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **exceeds rate 50**

Data taken from:

<https://www.ecdc.europa.eu/en/publications-data/data-national-14-day-notification-rate-covid-19>

State	14-day cumulative incidence**	Traveling considerations	Self-isolation***
Czechia	1572.0	Travel is not recommended	10 days after returning or transiting the country
Estonia	1397.1	Travel is not recommended	10 days after returning or transiting the country
Sanmarino	1343.9	Travel is not recommended	10 days after returning or transiting the country
Malta	720.4	Travel is not recommended	10 days after returning or transiting the country
Hungary	645.5	Travel is not recommended	10 days after returning or transiting the country
Slovakia	567.9	Travel is not recommended	10 days after returning or transiting the country
Sweden	527.6	Travel is not recommended	10 days after returning or transiting the country
Slovenia	520.7	Travel is not recommended	10 days after returning or transiting the country
Andorra	485.7	Travel is not recommended	10 days after returning or transiting the country
Monaco	462.4	Travel is not recommended	10 days after returning or transiting the country
Latvia	461.9		
France	444.2	Travel is not recommended	10 days after returning or transiting the country
Italy	433.0	Travel is not recommended	10 days after returning or transiting the country
Poland	427.6	Travel is not recommended	10 days after returning or transiting the country
Cyprus	407.4	Travel is not recommended	10 days after returning or transiting the country

Luxembourg	400.6	Travel is not recommended	10 days after returning or transiting the country
Netherlands	362.1	Travel is not recommended	10 days after returning or transiting the country
Spain	348,5*****	Travel is not recommended	10 days after returning or transiting the country
Bulgaria	340.1	Travel is not recommended	10 days after returning or transiting the country
Austria	337.9	Travel is not recommended	10 days after returning or transiting the country
Liechtenstein	309.7	Travel is not recommended	10 days after returning or transiting the country
Lithuania	306.6	Travel is not recommended	10 days after returning or transiting the country
Belgium	288.2	Travel is not recommended	10 days after returning or transiting the country
Romania	254.7	Travel is not recommended	10 days after returning or transiting the country
Greece	236.2	Travel is not recommended	10 days after returning or transiting the country
Switzerland	171.6	Travel is not recommended	10 days after returning or transiting the country
Ireland	164.4	Travel is not recommended	10 days after returning or transiting the country
Croatia	162.4	Travel is not recommended	10 days after returning or transiting the country
Finland	151.8	Travel is not recommended	10 days after returning or transiting the country
Germany	137.4	Travel is not recommended	10 days after returning or transiting the country
Portugal	125.6	Travel is not recommended	10 days after returning or transiting the country
Denmark	124.3	Travel is not recommended	10 days after returning or transiting the country
Norway	119.4	Travel is not recommended	10 days after returning or transiting the country
Other European countries not shown in this list		Travel is not recommended	10 days after returning or transiting the country

Low public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **does not exceed rate 50**

State	14-day cumulative incidence**	Traveling considerations	Self-isolation
Iceland	4,1	Follow standard precautions	Not compulsory
Vatican	0.0	Follow standard precautions	Not compulsory

Countries outside the EU/EEA

The list of included countries of which crossing of the external EU border is permitted is defined in the Council's of Europe "Council recommendation on the temporary restriction on non-essential travel into the EU and the possible lifting of such restriction" Appendix I ****

State	14-day cumulative incidence**	Traveling considerations	Self-isolation
Other countries not shown in this list		Travel is not recommended	10 days after returning or transiting the country
United Kingdom	151.4	Travel is not recommended	10 days after returning or transiting the country
Rwanda	11.6	Follow standard precautions	Not compulsory
South Korea	10.7	Follow standard precautions	Not compulsory
Singapore	2.8	Follow standard precautions	Not compulsory
Thailand	1.3	Follow standard precautions	Not compulsory
New Zealand	1.0	Follow standard precautions	Not compulsory
Australia	0.4	Follow standard precautions	Not compulsory

Clarifications:

* Available at: <https://likumi.lv/ta/en/en/id/315304-epidemiological-safety-measures-for-the-containment-of-the-spread-of-covid-19-infection>

** Calculation is based on the number of cases reported by the European Center for Disease Prevention and Control (ECDC) on the day of publication: <https://www.ecdc.europa.eu/en/geographical-distribution-2019-ncov-cases>. Data can differ from the national statistics.

*** Must comply with the requirements in paragraph 56 of the Cabinet's Regulation: if you are in self-isolation and the 14-day cumulative incidence per 100 000 inhabitants of the country, which you have returned from, does not exceed 50 anymore, then you may stop self-isolation.

**** <https://www.consilium.europa.eu/en/press/press-releases/2021/01/28/travel-restrictions-council-reviews-the-list-of-third-countries-for-which-member-states-should-gradually-lift-restrictions-on-non-essential-travel/>

***** 14-day case notification rate per 100 000 inhabitants for the 7th week