

List of countries subject to special safety measures

The list of included countries is updated every **Friday**.

The list and requirements of self-isolation come into force on **24th October 00:00**

Prohibition of passenger transportation comes into force on the **third day** after the list is published.

*The Cabinet's Regulation No. 360 (adopted 9 June 2020) "Epidemiological Safety Measures for the Containment of the Spread of COVID-19 Infection" (Cabinet's Regulation)**

Significant (very high likelihood) public health threat - international passenger transportation via airports, ports, buses and railway is not provided

14-day cumulative incidence rate of COVID-19 cases per 100 000 inhabitants exceeds twice the average value for the EU/EEA and the UK

Paragraph 35.8 of the Cabinet Regulation, data taken from:

<https://www.ecdc.europa.eu/sites/default/files/documents/RRA-COVID-19-EU-EEA-UK-thirteenth-update-23-Oct-2020.pdf>

State	14-day cumulative incidence	Traveling considerations	Self-isolation***
Vatican	1717.8	Non-essential travel is not recommended / direct international passenger transport is prohibited	10 days after returning or transiting the country
Andorra	1631.7	Non-essential travel is not recommended / direct international passenger transport is prohibited	10 days after returning or transiting the country
Czechia	1148.5	Non-essential travel is not recommended / direct international passenger transport is prohibited	10 days after returning or transiting the country
Belgium	1019.8	Non-essential travel is not recommended / direct international passenger transport is prohibited	10 days after returning or transiting the country
Netherlands	616.1	Non-essential travel is not recommended / direct international passenger transport is prohibited	10 days after returning or transiting the country
Other countries not shown in this list		Non-essential travel is not recommended / direct international passenger transport is prohibited	10 days after returning or transiting the country

Significant (high likelihood) public health threat - international passenger transportation may be provided

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **exceeds rate in Latvia (>82,7)**

State	14-day cumulative incidence	Traveling considerations	Self-isolation***
Luxembourg	507.3	Travel is not recommended	10 days after returning or transiting the country
France	488.6	Travel is not recommended	10 days after returning or transiting the country
United Kingdom	373.1	Travel is not recommended	10 days after returning or transiting the country
Spain	379.1	Travel is not recommended	10 days after returning or transiting the country
Slovenia	487.3	Travel is not recommended	10 days after returning or transiting the country
Switzerland	444.6	Travel is not recommended	10 days after returning or transiting the country
Liechtenstein	396.1	Travel is not recommended	10 days after returning or transiting the country
Slovakia	359.7	Travel is not recommended	10 days after returning or transiting the country
Malta	330.5	Travel is not recommended	10 days after returning or transiting the country
Ireland	293.4	Travel is not recommended	10 days after returning or transiting the country
Iceland	280.4	Travel is not recommended	10 days after returning or transiting the country
Poland	271.5	Travel is not recommended	10 days after returning or transiting the country
Croatia	266.4	Travel is not recommended	10 days after returning or transiting the country
Portugal	262.8	Travel is not recommended	10 days after returning or transiting the country
Romania	259.1	Travel is not recommended	10 days after returning or transiting the country
Austria	234.1	Travel is not recommended	10 days after returning or transiting the country
Italy	210.9	Travel is not recommended	10 days after returning or transiting the country
Hungary	195.0	Travel is not recommended	10 days after returning or transiting the country
Bulgaria	166.7	Travel is not recommended	10 days after returning or transiting the country
Monaco	157.2	Travel is not recommended	10 days after returning or transiting the country
Sanmarino	145.1	Travel is not recommended	10 days after returning or transiting the country

Cyprus	141.1	Travel is not recommended	10 days after returning or transiting the country
Denmark	113.8	Travel is not recommended	10 days after returning or transiting the country
Sweden	109.3	Travel is not recommended	10 days after returning or transiting the country
Lithuania	108.7	Travel is not recommended	10 days after returning or transiting the country
Germany	106.8	Travel is not recommended	10 days after returning or transiting the country

Low public health threat

14-day cumulative number of COVID-19 cases per 100 000 inhabitants **does not exceed rate in Latvia** (<82,7)

State	14-day cumulative incidence	Traveling considerations	Self-isolation***
Latvia	82.7	Follow standard precautions	Not compulsory
Greece	63.7	Follow standard precautions	Not compulsory
Finland	52.7	Follow standard precautions	Not compulsory
Estonia	36.8	Follow standard precautions	Not compulsory
Norway	36.6	Follow standard precautions	Not compulsory

Countries outside the EU/EEA and the UK

The list of included countries of which crossing of the external EU border is permitted is defined in the Council's of Europe "Council recommendation on the temporary restriction on non-essential travel into the EU and the possible lifting of such restriction" Appendix I ****

State	14-day cumulative incidence	Traveling considerations	Self-isolation***
Other countries not shown in this list		Non-essential travel is not recommended / direct international passenger transport is prohibited	10 days after returning or transiting the country
Georgia	314.7	Travel is not recommended	10 days after returning or transiting the country
Uruguay	13.7	Follow standard precautions	Not compulsory
Japan	6.0	Follow standard precautions	Not compulsory
South Korea	2.4	Follow standard precautions	Not compulsory
Rwanda	1.0	Follow standard precautions	Not compulsory
Australia	1.0	Follow standard precautions	Not compulsory
New Zealand	1.2	Follow standard precautions	Not compulsory
Thailand	0.1	Follow standard precautions	Not compulsory
Singapore	1.6	Follow standard precautions	Not compulsory

Clarifications:

* Available at: <https://likumi.lv/ta/en/en/id/315304-epidemiological-safety-measures-for-the-containment-of-the-spread-of-covid-19-infection>

** Calculation is based on the number of cases reported by the European Center for Disease Prevention and Control (ECDC) on the day of publication: <https://www.ecdc.europa.eu/en/geographical-distribution-2019-ncov-cases>. Data can differ from the national statistics.

*** Must comply with the requirements in paragraph 56 of the Cabinet's Regulation: if you are in self-isolation and the 14-day cumulative incidence per 100 000 inhabitants of the country, which you have returned from, does not exceed Latvian rate anymore, then you may stop self-isolation.

**** <https://data.consilium.europa.eu/doc/document/ST-10095-2020-INIT/en/pdf>, <https://eur-lex.europa.eu/legal-content/EN/TXT/?uri=CELEX:32020H1144>